



aihwa

2018

MEDICAL MISSION

Gwagwalada, Abuja-Nigeria



Medical Education



Medical Missions



Patient Prisoner Program



Counseling/Mental Health:

AMERICAN INITIATIVE FOR HEALTH AND WELLNESS IN AFRICA



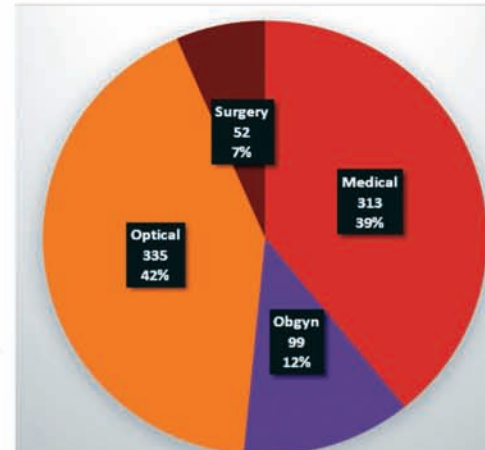
American Initiative for Health and Wellness in Africa (AIHWA) is a multinational non-profit (501)(c)3 organization established with headquarters in Colorado, USA and registered in Nigeria. AIHWA is a non-profit organization with a field office presence in Abuja, Nigeria striving to improve healthcare in Nigeria through its special areas of interest:

- 1) **Medical Education:** The training of local healthcare providers as well as planning for future international conferences focusing on integrated healthcare and rehabilitation.
- 2) **Medical Missions:** Our missions bring internationally trained physicians to Nigeria for both short and long-term quality care. Since its commencement in Nigeria one year ago, our program has impacted nearly four thousand lives.
- 3) **Patient Prisoner Program:** This refers to patients who are detained within hospitals due to inability to pay their medical bills. AIHWA partners with several hospitals to provide financial support and advocate for the release of these patients.
- 4) **Counseling/Mental Health:** The stigma surrounding mental illness prevents families and those suffering from these illnesses from accessing the necessary mental health counseling and psychiatric interventions. AIHWA plans to partner with spiritual

leaders who are often the first to recognize mental health illness. Many people suffering from mental illness often consult spiritual leaders for fear of being possessed by demons. It is our hope that with this partnership, spiritual leaders will have the ability to refer people for appropriate mental health evaluations prior to engaging in exorcisms or other interventions. One of AIHWA's goals is the development and establishment of the AIHWA HOPE CENTER.

This dream is driven by the need to bring our integrated healthcare and rehabilitation programs under one facility. In addition to medical services, this center will serve as a research institute for the advancement of mental health and wellness. The HOPE CENTER, which is estimated to cost 3.6 million dollars, will be comprised of a medical, counseling, and rehabilitation programs, as well as an integrated health research institute, fitness center, restaurant, organic vegetable gardens, conference hall, and at least 20 guest rooms for short-term residence.

Eye Patients: 335
 Total 178 for glasses
 157 did not need glasses
 Many received eye drops
Cataract Surgery: 15
ObGyn Patients: 99
 Total Infertility was largest complaint
Medical Patients: 313
 Total



AIHWA 2018 INTEGRATED MEDICAL MISSION JUNE 18 TO 22, 2018

The 2018 AIHWA Mission took place at St Mary's Catholic Hospital in Gwagwalada Abuja, a hospital that received the support of the former United States First Lady Laura Bush. The St. Kizito Complex of the Hospital was dedicated to her after her visit on January 18th, 2006.



ABOVE: The St. Kizito's Complex, dedicated to Former First Lady Laura Bush on January 18th, 2006



A cross section of international medical professionals on arrival from United States of America. From left to right, VALERIE DUMOND (surgical RN), CELESTE (PhD), SARAH DEKAY, JACLYN DEKAY (RN), BEVERLY SONDAG

Pre-registration began the week before the medical mission. The response to the free surgical clinic was incredible, with all spots taken in the first two days. AIHWA then opened registration up to all. Staff from the Nigerian volunteers and St. Mary's Hospital staff registered over 1,300 people which kept increasing everyday as people received the news of the mission.



COMMENCEMENT CEREMONY:

A huge number of patients were already waiting at St. Mary's Hospital as the AIHWA team arrived. Religious and community leaders were present with opening prayers and speeches at ST. MARY'S HOSPITAL GWAGWALADA. Dr. Charles Nzurumike introduced both the Nigerian and the American members of AIHWA. The President of AIHWA, Father Kenny Udumka, then highlighted the goals of the mission and the vision of AIHWA.



Chief Chimezie Onyeoziri instructing patients



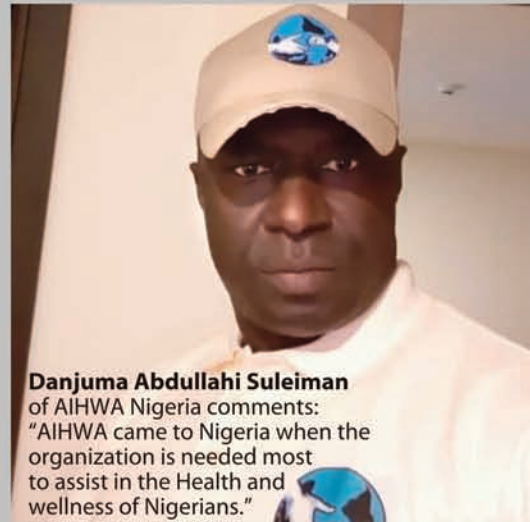
Dr. Matthew deKay kicks off the event with a blood pressure check



Sr. Jane, the Medical Director of St Mary's Catholic Hospital Gwagwalada, during an interview session with the Nigerian Television Authority.



Dr. Charles Nzurumike addressing the patients



Danjuma Abdullahi Suleiman of AIHWA Nigeria comments: "AIHWA came to Nigeria when the organization is needed most to assist in the Health and wellness of Nigerians."



From left-right: Dr. Charles Nzurumike (AIHWA director of Mission in Nigeria),
Dr. Adeyemi (HOD Health Gwagwalada Area Council),
Dr. Ashikeni (Executive Secretary FCT Primary Health Care), Rev. Fr. Kenny Udumka (President of AIHWA)



From left to right: Tony Udumka, Dr. Adeyemi, Dr. Ashikeni, Dr. Charles and Fr. Kenny Udumka, after the opening of Mission.



An ambulance provided by Dr. Adeyemi, (HOD Health, Gwagwalada Area Council) stood by for three days during the mission for emergencies

AIHWA Medical Mission Pharmacy

An extensive pharmacy was set up for the mission. Patients received all but the most uncommon prescriptions after visiting with the physicians. The pharmacy is being stocked with more medications for the extended mission.



AIHWA Pharmacist: Pharm (Mrs.) Nkemdirim Nzurumike and Pharm Olufunmilayo Abisola Olaniyan at the Pharmacy dispensing prescribed drugs to Patients.



A priceless moment: Cancellation of a surgery was prevented when Valerie Dumond (AIHWA Surgical Nurse) volunteered to be a donor of the patient's rare blood type.



Beverly chatting with a 102-year-old patient



During a visit to the Nigerian Congress, Rt. Honorable Emmanuel Ukoete pledged to support the mission of AIHWA in Nigeria.



Ophthalmic Unit



Gynecology Unit

SURGICAL PROCEDURES SUCCESSFULLY CARRIED OUT



AIHWA team of Consultant Surgeons working round the clock to make AIHWA 2018 Medical Mission a success

COUNSELING AT THE MEDICAL MISSION



AIHWA's mission is to provide integrated medical care to the whole person-body, mind, and soul. We are grateful for the attendance of our mental health counselors from the US at the medical mission.



Addressing the emotional needs of patients is an important part of health care. Patients experience improved health outcome when the whole person is acknowledged.



Our mental health counselors, Rev. Fr. Kenny Udumka and Beverly Sondag delivered much needed counseling on the spot



AIHWA Donation of Medical Supplies to St. Mary's Hospital, Gwagwalada, Abuja



AIHWA EYE CLINIC

70% of the patients wanted their eyes checked for disease or corrective lenses. While AIHWA was not able to provide the corrective lenses on the spot, refraction was done on each patient and prescriptions for the lenses were provided and sent to manufacturers in the US. AIHWA will deliver the corrective lenses to 177 patients in December 2018.





A Cataract surgery on a patient at the eye clinic theatre



Sr. Paulyn Anyanwu
an ophthalmic nurse
preparing a patient
for cataract surgery.

She worked
tirelessly to make
sure all patients
at the Eye clinic
were attended
to and happy



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DONATIONS TO AIHWA

We will appreciate your financial contributions toward the building of AIHWA proposed Hope Center. Donations are tax deductible and can be made through our website: gofundme.com, or mailed to AIHWA, 515 South Pagosa Blvd, Pagosa Springs, Co 81147. For more information, call: 9709031317, or email: kudumka@aihwa.org.

APPRECIATION

AIHWA would like to thank the healthcare team, benefactors, St Mary's Catholic Hospital staff, San Juan Regional Medical Center, Mercy Medical Center, Maxin Pharmaceutical, FCT primary healthcare, the Health Unit of the Gwagwalada area council and all our volunteers for the Gwagwalada mission. Their tremendous efforts have made this AIHWA Medical Mission a huge success.

Kenny Udumka
President